The Child Unplugged

COUNT, PLAY & DISCOVER

Simple play ideas to connect.
Explore & Support yours babies developmenr

24
Simple Play Ideas



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Introduction

The Numbers & Letters Adventure Activity Book transforms early learning into an exciting journey of discovery. Designed to support preschool and early years development, each activity encourages children to explore letters, numbers, shapes, sounds, and patterns through hands-on play and creative learning experiences.
By combining education with fun, the activity book helps children develop strong foundations for reading, writing, and mathematics while fostering a lifelong love of learning. Every page offers opportunities to build confidence, celebrate achievements, and turn everyday learning into an adventure.







Why Numbers & Letters Is So Valuable

- Strengthens brain development by creating connections through active participation and repetition.
- Builds fine motor skills through tracing letters, writing numbers, colouring, and completing activities.
- Supports early literacy development by helping children recognise letters, sounds, words, and their own name.
- Develops numeracy skills through counting, number recognition, sequencing, and simple mathematical concepts.

How to Support Play at Home

Create a calm and positive learning environment where children can explore numbers and letters at their own pace. Encourage participation, celebrate effort, and make learning fun through everyday interactions.

Basic setup:

- Work through activities together or allow children to complete them independently when appropriate.

Simple steps:

- Encourage children to trace, write, count, match, and solve challenges.
- Ask questions to extend learning, such as "What letter does your name start with?" or "Can you count how many there are?"

Helpful tips:

- Revisit favourite activities to build confidence and reinforce skills.
- Use real-life opportunities to practise numbers and letters throughout the day.







Ideas

- Count toys, snacks, steps, or household items.
- Look for letters on signs, packaging, and books

NUMBER FORMATION - DRIED FLOWERS

WHATS NEEDED:

- Number formation cards
- Dried flowers and petals
- Tweezers
- Workspace

Sensory Play Ideas:

- Pair with sensory trays filled with petals, leaves, or dried herbs
- Explore different flower textures, colors, and scents

WHAT TO DO:

- Choose a number card
- Observe the number shape together
- Select dried flowers or petals
- Arrange the flowers along the number outline
- Count pieces aloud while building
- Name and trace the completed number

Extend the learning:

- Create number patterns
- Build numbers independently using loose parts

BENEFITS:

- Strengthens number recognition and formation
- Builds counting and one-to-one correspondence
- Develops fine motor skills and hand-eye coordination
- Encourages sensory and tactile exploration
- Supports concentration and visual perception
- Promotes creativity and nature-based learning
- Encourages calm, focused play
- Builds confidence in early math skills



HOW TO ADAPT:

- **Toddlers:** Focus on numbers 1–3 using large flower pieces
- **Preschoolers:** Practice numbers 1–10 with counting and tracing
- **Older children:** Create number sequences, simple equations, or patterns using flowers

FEED THE NUMBER MONSTER

WHATS NEEDED:

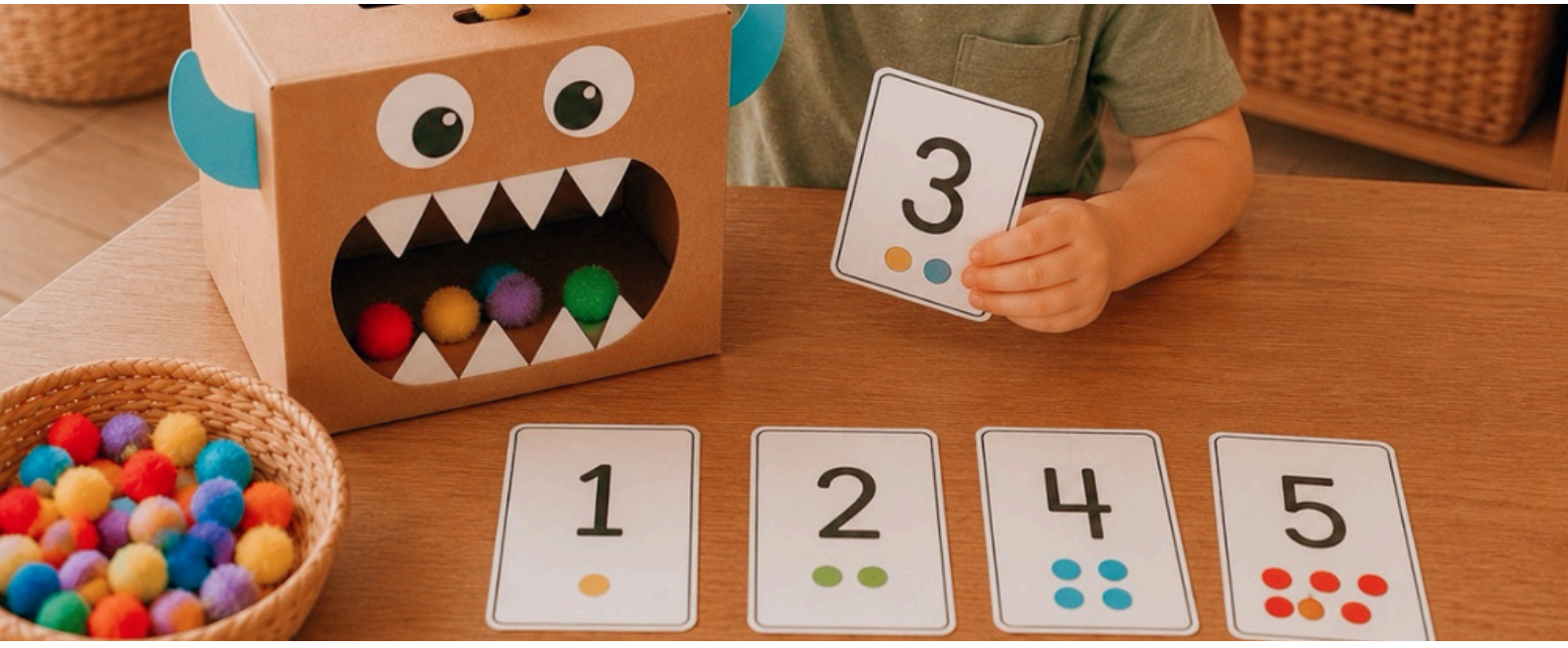
- Monster box, container, or printable monster
- Number cards or numbered monster mouths
- Counters, pom poms, loose parts, or craft items
- Tray or basket for setup
- Tongs (optional)

WHAT TO DO:

- Choose a number on the monster.
- Count the matching number of items.
- Feed the items into the monster's mouth.
- Count aloud as each item is added.
- Repeat with different numbers.

BENEFITS:

- Encourages early counting skills
- Develops one-to-one correspondence
- Supports number recognition
- Strengthens fine motor skills
- Improves hand-eye coordination
- Builds concentration and focus
- Encourages problem-solving and independent learning



HOW TO ADAPT:

- Use numbers 1–5 for younger learners.
- Increase to larger numbers for older children.
- Use tongs to develop fine motor skills.
- Sort items by colour before feeding the monster.
- Add simple addition challenges for older children.
- Encourage children to identify and say the number before counting.

CHICK & EGG NUMBER MATCHING

WHATS NEEDED:

- Numbered chick pieces
- Matching numbered egg halves
- Tray or basket for setup
- Optional sensory base (rice, chickpeas, shredded paper, etc.)
- Tongs or scoops for added fine motor play

WHAT TO DO:

- Invite children to explore the chicks and egg halves
- Encourage them to identify the numbers on each piece
- Match each chick to the correct numbered egg
- Count aloud together while matching
- Mix the pieces up and repeat independently
- Extend learning by ordering numbers from smallest to largest

BENEFITS:

- Builds number recognition skills
- Encourages early counting and one-to-one correspondence
- Supports fine motor development
- Strengthens hand-eye coordination
- Encourages problem-solving and critical thinking
- Develops visual discrimination and matching skills
- Promotes concentration and independent learning
- Makes early maths playful and engaging



HOW TO ADAPT:

- Use numbers 1–5 for younger learners
- Increase to higher numbers for older children
- Add colour matching for extra support
- Use tongs for fine motor development
- Hide pieces in sensory rice or sand

NUMBER PLAYDOUGH MATS

WHATS NEEDED:

- Number playdough mats
- Playdough
- Tray or table space
- Number cards (optional)

WHAT TO DO:

- Choose a number mat.
- Identify the number shown.
- Roll playdough into small balls.
- Count and place the correct number of balls onto the mat.
- Repeat with different numbers.

BENEFITS:

- Encourages early counting skills
- Develops one-to-one correspondence
- Supports number recognition
- Strengthens fine motor skills and finger muscles
- Improves hand-eye coordination
- Builds concentration and focus
- Encourages independent learning through play.



HOW TO ADAPT:

- Start with numbers 1–5 for younger learners.
- Increase to larger numbers for older children.
- Use different colours of playdough for added engagement.
- Encourage children to count aloud as they place each ball.
- Add number cards for matching practice.
- Use tweezers to place the playdough balls for an extra challenge.

NATURE STONE NUMBER MATCHING

WHATS NEEDED:

- Number formation cards
- Nature stones, pebbles, or glass gems
- Sand or sensory tray
- Tweezers

Sensory Play Ideas:

- Add textured loose parts like shells, sticks, leaves, or wooden discs
- Pair with nature-themed sensory invitations

WHAT TO DO:

- Choose a number formation card
- Observe the shape of the number together
- Select stones, pebbles, or gems
- Place the pieces along the outline to build the number
- Count the stones used aloud
- Name and identify the completed number

Extend the learning:

- Compare different number formations
- Trace numbers before building them with stones

BENEFITS:

- Strengthens number recognition and formation
- Develops fine motor control and hand-eye coordination
- Supports visual discrimination and spatial awareness
- Encourages concentration and problem-solving
- Promotes sensory and tactile exploration
- Builds early math confidence and readiness
- Encourages creativity and independent learning



HOW TO ADAPT:

- **Toddlers:** Focus on numbers 1–3, simple placement, and sensory exploration
- **Preschoolers:** Practice numbers 1–10, counting, and quantity matching
- **Older children:** Explore sequencing, simple equations, and pattern building

COUNT THE POM POMS

WHATS NEEDED:

- Pom poms
- Numbered cups, bowls, or muffin tray sections
- Number cards (optional)
- Tongs or scoops (optional for added challenge)
- Tray or basket for setup

WHAT TO DO:

- Identify a number on the cup, bowl, or tray section.
- Count the matching number of pom poms.
- Place the pom poms into the correct section.
- Repeat until all numbers have been matched and counted.
- Recount to check and play again for extra practice.

BENEFITS:

- Encourages early counting skills
- Develops one-to-one correspondence
- Supports number recognition
- Strengthens fine motor muscles
- Improves hand-eye coordination
- Builds concentration and focus
- Encourages independent learning



HOW TO ADAPT:

- Use numbers 1–3 for younger learners.
- Increase to numbers 10+ for older children.
- Add tongs or tweezers for extra fine motor practice.
- Sort pom poms by colour as well as number.
- Use large pom poms for beginners and smaller pom poms for an added challenge.
- Encourage children to count aloud as they place each pom pom.
- Turn it into a sensory activity by hiding pom poms in rice or sand before counting

FLORAL PETAL NUMBER CREATION CARDS

WHATS NEEDED:

- Floral number creation cards
- Flower petals or petal-shaped loose parts
- Workspace
- Tweezers

Sensory Play Ideas:

- Sort petals by color, size, or texture before building numbers
- Add water play by floating petals and “catching” them to build numbers

WHAT TO DO:

- Choose a number card
- Observe the number shape together
- Select flower petals or loose parts
- Place petals along the number outline
- Count petals aloud while building
- Name the completed number

BENEFITS:

- Builds number recognition and formation skills
- Strengthens counting and one-to-one correspondence
- Develops fine motor control and hand-eye coordination
- Supports visual discrimination and spatial awareness
- Promotes concentration and problem-solving
- Encourages creativity and nature-based learning
- Builds early math confidence



HOW TO ADAPT:

- **Toddlers:** Focus on numbers 1–3 and simple placement of petals
- **Preschoolers:** Practice numbers 1–10 with counting and matching
- **Older children:** Create simple equations, sequencing, or pattern work with petals

FARMYARD NUMBER MATCH

WHATS NEEDED:

- Numbered barns
- Farm animal figures

AGE RANGE:

- 12 months and up

WHAT TO DO:

- Place the numbered barns and farm animals in front of your child.
- Encourage them to count the animals and match them to the correct barn.
- Talk about the numbers, colours, and animals as they play.
- Allow your child to explore different ways to sort, count, and match.

BENEFITS:

- Develops number recognition
- Encourages counting skills
- Strengthens fine motor skills
- Supports hand-eye coordination
- Promotes problem-solving and critical thinking
- Encourages sorting and matching
- Builds language and vocabulary
- Makes early maths fun and engaging



HOW TO ADAPT:

- Younger Toddlers: Explore the animals and practise simple matching.
- Older Toddlers: Count animals and match them to numbered barns.
- Preschoolers: Add simple challenges in addition, subtraction, and counting.
- Advanced Learners: Sort by colour, create patterns, or compare quantities.

NUMBER & SHAPE LOOSE PIECES

WHATS NEEDED:

- Numbers & Shapes Matching Board
- Number and shape loose pieces
- Play mat or table space

WHAT TO DO:

- Place the board on a flat surface.
- Explore the numbers and shapes together.
- Find the matching space for each loose piece.
- Place the pieces onto the correct spots on the board.
- Name the numbers and shapes as you play.
- Continue until all pieces have been matched.

BENEFITS:

- Develops number recognition.
- Encourages shape identification.
- Strengthens fine motor skills and hand-eye coordination.
- Supports problem-solving and critical thinking.
- Builds concentration and attention skills.
- Encourages early mathematical concepts.



HOW TO ADAPT:

- Younger Children: Focus on matching a few shapes or numbers at a time.
- Older Children: Count objects to match the numbers.
- Literacy: Say the names of numbers and shapes aloud.
- Maths: Arrange numbers in order from smallest to largest.
- Sensory Play: Hide pieces in a sensory bin before matching.
- Colour Sorting: Sort pieces by colour before placing them.

WATERMELON SEED COUNTING CRAFT

WHATS NEEDED:

- Watermelon template
- Black stickers or paper seeds
- Glue
- Crayons

WHAT TO DO:

- Colour the watermelon.
- Add the correct number of seeds.
- Count as you place them.
- Decorate the picture.

BENEFITS:

- Develops counting skills.
- Supports fine motor development.
- Encourages creativity.
- Strengthens number recognition.



HOW TO ADAPT:

- Use addition challenges.
- Create patterns with seeds.
- Compare quantities.

SUNFLOWER COUNTING

WHATS NEEDED:

- Sunflower counting worksheet
- Pencil
- Crayons, markers, or coloured pencils

WHAT TO DO:

- Look at each sunflower.
- Count the petals carefully.
- Write the correct number beside the flower.
- Colour the sunflower when finished.
- Repeat for all sunflowers on the page.

BENEFITS:

- Develops counting and number recognition skills.
- Encourages one-to-one correspondence.
- Strengthens observation skills.
- Supports fine motor development through writing and colouring.
- Builds confidence with early maths concepts.



HOW TO ADAPT:

- Younger Children: Count petals together.
- Older Children: Add simple addition or subtraction questions.
- Literacy: Write the number word.
- Sensory: Create sunflowers using loose parts.
- Group Play: Compare answers with a partner.
- Nature Extension: Count petals on real flowers.

“HOW MANY FIT?” COUNTING ACTIVITY

WHATS NEEDED:

- Pictures of containers (baskets, boxes, cups, jars)
- Small object illustrations (apples, balls, crayons, etc.)
- Number writing space or answer boxes
- Pencils, crayons, or markers
- Optional: counters or stickers for support

WHAT TO DO

- Show a container filled with objects
- Ask children to count how many items are inside
- Let them write the number or choose the correct answer
- Provide matching questions like “Circle the container that holds 5 balls.”
- Discuss answers and reinforce counting together for better understanding

BENEFITS:

- Builds early counting and number recognition
- Develops understanding of capacity and quantity
- Strengthens one-to-one correspondence (one object = one count)
- Improves observation and estimation skills
- Supports early problem-solving and reasoning
- Encourages focus and accuracy in counting



HOW TO ADAPT:

- **Younger children:** Use small numbers (1–5) with clear visuals
- **Older children:** Increase quantities and add simple word problems
- **Advanced:** Include tricky comparisons between containers with similar capacity
- **Hands-on version:** Let children physically place objects into real containers
- **Challenge version:** Ask “Which container holds the most?” before counting

COUNT & CALCULATE BOARD

WHATS NEEDED:

- Count & Calculate Board
- Loose number pieces
- Mathematical symbol pieces (+, −, =)
- Activity cards (optional)
- Flat work surface

WHAT TO DO:

- Place the Count & Calculate Board on a flat surface.
- Explore the number and symbol pieces.
- Match numbers to the board.
- Arrange numbers in order.
- Create simple addition and subtraction equations.
- Solve the calculations and check your answers.
- Continue creating new number challenges and maths problems.

BENEFITS:

- Develops number recognition.
- Supports counting and early numeracy skills.
- Introduces addition and subtraction concepts.
- Encourages problem-solving and logical thinking.
- Strengthens fine motor skills and hand-eye coordination.
- Builds concentration and focus.



HOW TO ADAPT:

- Younger Children: Match numbers and practise counting objects.
- Older Children: Create and solve more challenging equations.
- Maths: Explore number bonds, sequencing, addition, and subtraction.
- Sensory Play: Hide numbers in a sensory tray before building equations.
- Fine Motor: Use tweezers to place the pieces.
- Group Play: Work together to solve maths challenges.

LEMONADE STAND MATH

WHATS NEEDED:

- Lemonade Stand Math worksheet
- Pencil
- Crayons, markers, or coloured pencils

WHAT TO DO:

- Read the lemonade stand price: 1 cup = aed 1.
- Work out the cost of: 2 cups, 3 cups, 5 cups
- Write the answers in the spaces provided.
- Draw customers buying lemonade.
- Colour your pictures if desired.

BENEFITS:

- Develops early numeracy skills.
- Introduces addition and multiplication concepts.
- Encourages problem-solving and logical thinking.
- Strengthens number recognition.
- Promotes creativity through drawing and role play.



HOW TO ADAPT:

- Younger Children: Count using counters or pictures.
- Older Children: Change prices and calculate totals.
- Literacy: Create signs for the lemonade stand.
- Sensory: Set up a pretend lemonade stand.
- Group Play: Take turns being customers and sellers.
- Extension: Add coins and practise making payments.

MONTESSORI MATHS TRAY

WHATS NEEDED:

- Tray
- Math materials: number cards, counters, beads, or rods

WHAT TO DO:

- Prepare a tray with math materials like number cards, counters, beads, or rods.
- Arrange items
- Show how to count, sort, or match numbers with objects.
- Model one or two simple activities.
- Encourage independent exploration and self-correction.
- Offer gentle guidance only when needed.
- Discuss what they did and praise their effort.

BENEFITS:

- Builds foundational math skills (counting, sorting, matching)
- Enhances fine motor skills and hand-eye coordination
- Encourages concentration and independent learning
- Develops logical thinking and problem-solving
- Supports understanding of abstract concepts through hands-on play



HOW TO ADAPT:

- **Toddlers:** Use large, colorful objects for counting and sorting. Focus on color and shape matching
- **Preschoolers:** Introduce numbers and counting sets. Practice basic addition and subtraction
- **Older Kids:** Use bead bars, fraction circles, and complex materials. Challenge with skip counting and patterns

COUNT & FILL NUMBERS

WHATS NEEDED:

- Wooden numbers 1–10 with counting holes
- Pom-poms, counters, beads, buttons, or other loose parts
- Tongs or tweezers (optional)

AGE RANGE:

- 18 months and up

WHAT TO DO:

- Place the wooden numbers and loose parts in front of your child.
- Encourage them to identify a number.
- Count the holes together.
- Fill each hole with a pom-pom or loose part.
- Count aloud as each item is added.
- Continue until all the numbers have been completed.

BENEFITS:

- Develops number recognition
- Strengthens counting skills
- Encourages one-to-one correspondence
- Builds fine motor control
- Supports hand-eye coordination
- Encourages concentration and focus
- Promotes problem-solving skills
- Creates a strong foundation for early maths



HOW TO ADAPT:

- Younger Toddlers: Focus on filling holes and counting to 3.
- Older Toddlers: Count and match quantities to each number.
- Preschoolers: Practise number order and simple addition challenges.
- Advanced Learners: Compare numbers, create sums, and explore greater than and less than concepts.

CATERPILLAR NUMBER PUZZLE

WHATS NEEDED:

- Wooden number circle puzzle pieces
- Flat play surface or tray
- Optional: number cards, timer, or counting objects (pom-poms, beads, buttons)

WHAT TO DO:

- Spread the puzzle pieces out on the table.
- Encourage the child to identify the numbers on each piece.
- Match and connect the pieces correctly to complete the circles.
- Practice placing numbers in order from smallest to largest.
- Count aloud together while touching each number.
- Challenge the child to find missing numbers or complete partial circles independently.

BENEFITS:

- Builds number recognition
- Strengthens counting and sequencing skills
- Develops fine motor coordination and hand strength
- Encourages problem-solving and visual discrimination
- Supports independent learning and concentration
- Introduces early math concepts through tactile play



HOW TO ADAPT:

- **Younger Children:** Focus on fewer numbers, colors, or shapes
- **Older Children:** Add simple math challenges like before/after numbers
- **Sensory Support:** Use textured mats and verbal prompts
- **Group Play:** Cooperative matching games or timed challenges
- **Advanced Learners:** Practice skip counting, odd/even numbers, and simple addition

NUMBER HUNT

WHAT YOU NEED

- Paper or card
- Marker pen
- Tape (optional)
- Small objects for counting (blocks, toys, leaves, etc.)
- A basket or bag (optional for collecting numbers)

WHAT TO DO

- Write numbers on separate pieces of paper.
- Hide them around the room or garden
- Make sure they are visible but require searching.
- Call out a number and encourage your child to find it.
- Put the numbers in the correct order together.
- Extend the activity by matching each number to the correct quantity (e.g. find 3 blocks, 5 leaves, 2 spoons).

BENEFITS:

- Builds number recognition and familiarity
- Strengthens counting and one-to-one correspondence
- Encourages number sequencing skills
- Supports early addition and quantity understanding
- Develops listening and following instructions
- Promotes gross motor movement and coordination
- Encourages problem-solving and independent thinking
- Makes learning maths active, playful, and engaging



HOW TO ADAPT:

- **For younger children:** Use numbers 1–3 or 1–5. Focus on recognising the numeral and counting objects slowly together. Use larger number cards.
- **For older children:** Hide numbers 1–20. Add simple addition challenges (find 2 and 3 — what do they make together?). Ask children to write the number once they find it.
- **Make it more active:** Add movement instructions (jump to number 4, tiptoe to number 2). Turn it into a timed challenge.
- **Make it sensory:** Hide numbers in sand, rice, or outside in natural materials.

NUMBER CUP STACKING

WHAT YOU NEED WHAT TO DO

- White plastic cups (or reusable stacking cups)
- Marker pen
- Flat surface (table or floor space)
- Optional:
- Small objects for counting (blocks, pom-poms, buttons)

- Write numbers on the cups (start with 1–5 or 1–10).
- Mix the cups up.
- Encourage your child to stack the cups in number order.
- Count aloud together as each cup is added.
- Once complete — knock them down and rebuild!
- Extension idea:
- Place the correct number of small objects inside each cup before stacking.

BENEFITS:

- Builds number recognition and familiarity
- Strengthens counting and one-to-one correspondence
- Encourages number sequencing skills
- Supports early addition and quantity understanding
- Develops listening and following instructions
- Promotes gross motor movement and coordination
- Encourages problem-solving and independent thinking
- Makes learning maths active, playful, and engaging



HOW TO ADAPT:

- **For younger children:** Use numbers 1–3 or 1–5. Focus on counting slowly together. Stack with support and encouragement.
- **For older children:** Use numbers up to 20. Add simple addition (stack 2 and 3 — what comes next?). Create a countdown tower from highest to lowest.
- **Make it more active:** Place cups across the room and have children run to collect them in order..Time how long it takes to build correctly.

FELT EGG COUNT & MATCH

WHATS NEEDED:

- Felt egg matching pieces
- Number and quantity egg halves
- Flat workspace or tray

Sensory Play Ideas:

- Add textured counters or loose parts for counting
- Use alongside play dough, rice, or kinetic sand
- Create seasonal or spring-themed sensory invitations

WHAT TO DO:

- Spread out the felt egg halves
- Identify the numeral on each egg piece
- Count the dots or holes carefully
- Match the correct quantity to the matching number
- Count aloud together while connecting the eggs
- Arrange completed eggs in number order

Extend the learning:

- Use loose parts to match each number
- Practice counting forwards and backwards

BENEFITS:

- Builds strong number recognition skills
- Strengthens counting and quantity matching
- Encourages one-to-one correspondence
- Develops fine motor control and coordination
- Supports sensory and tactile learning
- Encourages concentration and problem-solving
- Builds confidence and independence in early math
- Makes numeracy playful and engaging



HOW TO ADAPT:

- **Toddlers:** Focus on numbers 1–3, simple counting, and color matching
- **Preschoolers:** Use numbers 1–10 and practice independent counting and sequencing
- **Older children:** Explore addition, subtraction, number words, and simple math challenges

FINGER ARITHMETIC ACTIVITY

WHATS NEEDED:

- Wooden board with Felt finger counting hands
- Addition and subtraction cards
- Number and symbol blocks

Sensory Play Ideas:

- Add pom-poms, counters, or textured loose parts
- Use play dough to form numbers and symbols
- Pair with sensory trays for counting and sorting activities

WHAT TO DO:

- Choose an addition or subtraction card
- Read the equation together
- Count the fingers shown on the cards
- Use the felt hands to represent the numbers
- Solve the equation by counting aloud
- Build the equation using number and symbol blocks

Extend the learning:

- Use counters or loose parts to check answers
- Practice multiple ways to solve the same equation

BENEFITS:

- Builds early addition and subtraction skills
- Strengthens counting and number recognition
- Develops number sense and one-to-one correspondence
- Encourages logical thinking and problem-solving
- Supports visual, tactile, and hands-on learning
- Improves fine motor control and coordination
- Encourages independent learning and confidence



HOW TO ADAPT:

- **Toddlers:** Focus on finger counting and numbers 1–5
- **Preschoolers:** Practice simple addition and subtraction equations
- **Older children:** Introduce larger numbers, missing numbers, and mental math strategies

LITTLE LEARNER BLOCKS

WHATS NEEDED:

- Little Learner Blocks
- Play mat, tray, or open floor space

Optional Extras

- Flashcards
- Small baskets or containers for sorting
- Play dough
- Sensory trays (rice, sand, water beads, etc.)
- Chalkboards, whiteboards, or markers for extension activities

WHAT TO DO:

- Identify letters, numbers, words, and pictures
- Stack, sort, and build with the blocks
- Match letters, colours, or numbers
- Practice counting and simple word building
- Use blocks during imaginative and storytelling play

BENEFITS:

- Supports early literacy and language skills
- Develops counting and number recognition
- Strengthens fine motor skills and coordination
- Encourages problem-solving and critical thinking
- Builds creativity, confidence, and social interaction



HOW TO ADAPT:

- **Younger toddlers:** Focus on stacking, colours, and simple naming activities
- **Preschoolers:** Practice counting, matching, and CVC word building
- **Advanced learners:** Create longer words, patterns, and maths challenges
- **Sensory play:** Add blocks to sand, rice, or play dough activities
- **Group play:** Use for team games, sorting stations, or collaborative building tasks

ABC FISHING ADVENTURE

WHATS NEEDED:

- Wooden fishing board or pond
- Magnetic fishing rod
- Magnetic fish pieces with letters or numbers
- Flat play surface
- Optional: alphabet cards, number cards, sorting trays, or timers.

WHAT TO DO:

- Catch fish using the magnetic rod
- Name letters, numbers, or colors
- Sort and match fish into groups
- Practice spelling, counting, or sequencing games
- Play challenges like “Catch the letter A” or “Find all blue fish.”

BENEFITS:

- Develops fine motor skills and coordination
- Supports early literacy and math learning
- Encourages focus, patience, and problem-solving
- Promotes interactive and imaginative play
- Builds confidence through hands-on learning



HOW TO ADAPT:

- **Younger kids:** simple fishing and color matching
- **Older kids:** spelling, math, and timed challenges
- **Extra support:** larger fish, guided assistance, one skill at a time
- **Group play:** turn-taking games, team challenges, and sorting races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NUMBERS ADVENTURE

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Slow, calm sensory experiences for babies and young children

Using familiar, accessible materials